



Young people active in the community

## Belfast and Durban, South Africa Global Xchange

Want a new adventure?

Want to travel the globe and make new friends?

Want to make yourself more employable?

Global Xchange is a cross-cultural, international volunteering programme.

It gives young people from different countries a unique opportunity to work together, to develop and share valuable skills and to make a practical contribution where it is needed in local communities.

### **If you are aged 18 to 25 and from Belfast, Global Xchange is calling you!**

This October, Belfast will link with the city of Durban in South Africa to offer 20 young people from across the world the opportunity to take part in a new, exciting exchange programme. Young people, aged 18 to 25, will live and volunteer together for three months in Durban and three months in Belfast contributing to local projects, while at the same time gaining new skills, new friends and new perspectives.

### **What's it about?**

You will:

- Be part of a team of 20 people - 4 from Belfast, 4 from USA, 4 from Sierra Leone, 4 from France and 4 from South Africa.
- Live and volunteer for three months Durban, South Africa followed by three months in Belfast
- Be paired up with a counterpart from another country who you will live with for the six-month programme
- Volunteer with community-based organisations, join community events and take part in learning workshops

### **What will I gain from it?**

Volunteering on an exchange programme can be challenging but ultimately very rewarding. You can:

- Gain experience and skills which will enhance your employability
- Do work which is of practical value to people in South Africa and Belfast
- Make new friends around the world
- Learn more about how other people live – and about yourself
- Help bring you exciting new opportunities to play a positive role in your own community.

Global Xchange is committed to including people from all walks of life, in terms of geography, social and ethnic background, physical ability and gender. No skills or qualifications are required to take part.

To become a volunteer on the Belfast and Durban Xchange you must:

- Be between 18 and 25 years old
- Have been living in Belfast for the past year
- Be willing to undergo a medical examination, complete a Access NI check and have vaccinations recommended by Global Xchange
- Be able to commit yourself to a full-time 6-month programme between October 2010 and March 2011
- Have an interest in getting active in the Belfast community after the programme
- Attend and be selected at an assessment day followed by a compulsory training course before the programme starts.

The programme pays for **all** costs, including:

- Medical costs
- Travel costs including visa and fiscal fee
- Training
- Accommodation, food and basic allowance throughout the six-month exchange
- Medical and personal accident insurance (including emergency)

### **What support will I get?**

**Training** - You will receive training before the start of the programme. This will give you the opportunity to understand the Global Xchange programme better and to begin developing the necessary skills to take part in the programme. You will also begin to look at cross-cultural issues and team building.

**Facilitation** - There will be two project supervisors with you during the exchange, one from the UK and one from South Africa. They will provide training, mentoring and medical support if needed. We will also provide professional facilitators who will facilitate you in some part of the programme.

### **How will I be selected?**

On receiving your completed application form, we will invite you to attend an assessment day in Belfast, which will consist of an individual interview and a number of group activities. The aim of the day is for us to find out more about you and for you to find out more about the programme.

### **Who do I contact?**

If you want to find out more information, to have an informal chat to understand if

Global Xchange is right for you, please contact:

Caoimhe Murray

Mobile: 0208 780 7267

Email: [globalx@vso.org.uk](mailto:globalx@vso.org.uk)

Application forms are available on <http://www.globalxchange.org.uk/>

